

# Summary of How to Perform Umrah (for person doing Hajj Tamattu)

## 1. Wearing the Ihraam

Before wearing the ihraam a person should cleanse them self's. This involves **clipping the finger and toe nails, shaving off the hair from under the armpits & pubic hair**. Then make **ablution (wudu)** or preferably taking a complete **bath (ghusl)**, to comb their beard and hair. Now we can **wear the Ihraam**. This has to be done **before The Meeqaat** (boundary Zones) for Umrah and Hajj. It's best for men to wear the Ihraam at the airport and the women to be prepared in the house. Avoid doing this on the plane as it's very uncomfortable. Ihraam must be put on well before reaching Jeddah.

Men should wear **two white sheets**, keep their **head uncovered** and walk in flip-flops that should not cover majority of the feet especially the raised bone of your foot. Men should keep both shoulders covered at present. Women can wear any type of permissible clothes and shoes but must ensure their feet are covered. They must also ensure their head is covered. If women want to cover their face they must ensure the cloth does not touch the face.

## 2. Perform 2 Rakats after Wearing Ihraam (SUNNATUL-IHRAAM), Niyyah & Talbiyyah

Then we should pray **2 rakats prayer (Namaz) for the Ihraam**. Make sure you are not reading this prayer in a makrooh time. After this whilst sitting just after saying Salaam make the Niyyah (intention) for Umrah

*'Oh Allah, I intent to perform umrah, render it easy for me, and accept it from me'*

Then Read **TALBIYYAH 3 times, Durood Shareef 3 times** and then make dua (supplication). **TALBIYYAH** is

*('Labbayk Allahumma labbayk, labbayka laa shareeka laka labbayk, innal hamda wan-ni'matah laka wal-mulk, laa shareeka lak')*

Then go to Makkah and read Talbiyyah constantly until you enter the Masjid Al Haram.

All the **RESTRICTIONS OF IHRAAM** now **apply** (not wearing perfume, clipping nails or hair, hunting etc)

## 3. Perform Tawaaf - with Idh-Tibaa and Ramal for Men Only

Before starting the tawaaf the MEN should make **IDH-TIBAA**. This is done by taking one end of the Ihraam to the left in such a way that the back left shoulder and left arm are completely covered and so the right arm is entirely exposed. **THEN BEFORE** starting **TAWAAF** say the **NIYYAH** for the tawaaf standing aligned to the **Hajarul – Aswad (black stone)**. This is **obligatory**. The Niyyah is:

*'Oh Allah, I intent performing tawaaf around your sacred house with 7 circuits for you, render this easy for me & accept it from me'*

After saying the Niyyah then raise both hands to the lobe of the ears toward the black stone and say **'bismillahi Allahu Akbar wa-lillaahil hamd'** kiss your hands and drop them. This is known as **Istillam** and will be **done 8 times** during a **tawaaf** which consists of **7 circuits**. Then make a **right turn and begin the tawaaf**. Each circuit begins at the black stone and ends at the black stone. This has to be done 7 times. In the **first 3 circuits** men have to perform **RAMAL** which is walking fast in a hurry. In the other **4 circuits walk normally**. **AFTER PERFORMING TAWAAF COVER THE BOTH SHOULDERS AGAIN.**

## 4. Praying 2 Rakats behind Makam Ibrahim

Once you have finished your tawaaf you should read 2 rakats salaah (prayer) of the tawaaf. This can be done anywhere but is more rewarding if done behind Makam Ibrahim. This salaah is waajib and must be read. You must read 2 rakats salaah for the tawaaf after any tawaaf you perform as its waajib. Make sure you are not reading this prayer in a makrooh time

## 5. Perform Sa'ee between Safa and Marwah (7 circuits) & Shave Hair of Head

This starts at Safa and eventually ends at Marwah. At the safah rock say the niyyah for sa'ee which is:

*'Oh Allah I intend performing sa'ee between Safa & Marwah, 7 circuits for you, therefore make it easy for me and accept it.'*

Between the green pillars men should run with medium pace. Stop to make dua each time at Safa and Marwah (**from Safa to Marwah is 1 circuit**). Once the sa'ee is complete **men** should get their **head shaved**. **Women** should get cut a **portion** of their **hair cut** as much as the first joint of the forefinger (little more than 2.5cm).

You can now take off your Ihraam and all restrictions of Ihraam are then removed. Now on **8<sup>TH</sup> Zul Hijjah** you will **wear the Ihraam** again and follow the instructions for Hajj Tamattu.

# Summary of How to Perform Hajj Tamattu Over 5 Days'

In this Hajj we perform an Umrah and Hajj. We first perform Umrah and then take off Ihraam and put back on in 8<sup>th</sup> Zul Hijja. To find out how to perform Umrah refer to other side.

Day 1	8 <sup>th</sup> Zul Hijjah	Go To Mina
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Wear Ihraam and read 2 rakats for Ihraam. Then after salaam whilst sitting **make intention for Hajj must be made which is: ('Oh Allah I intend to perform hajj, make it easy for me and accept my efforts')**. Read **TALBIYYAH 3 times, Durood Shareef 3 times** and then make dua (supplication). This will be done in the hotel anytime after Isha Prayer and must be done **BEFORE GOING TO MINA**. Below is how to read the **TALBIYYAH**

*('Labbayk Allahumma labbayk, labbayka laa shareeka laka labbayk, innal hamda wan-ni'matah laka wal-mulk, laa shareeka lak')*

Then go to **MINA** and read **5 PRAYERS** in **MINA** (Zhur, Asr, Magrib, Isha & Fajir)

Day 2	9 <sup>th</sup> Zul Hijjah	Go To Arafah
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From **MINA BEFORE the ZHUR prayer time we must reach ARAFAH**. At the latest we must reach **ARAFAH before the MAGRIB** prayer. If this is not done then Hajj cannot be completed and will have to be done again next year.

Read **2 Prayers** in **ARAFAH (ZHUR and ASR)**. **MAGRIB PRAYER IS NOT READ IN ARAFAH**

At Magrib time leave Arafah and go to **MUZDALIFAH**. The **MAGRIB** and **ISHA** prayers will be read at **MUZDALIFAH together**. **Read each prayer individually**. First read **Magrib prayer separately** & then read the **Isha prayer separately**. However there will only be one Azan and one Takbeer. There will be no takbeer or Azaan for Isha. There is no sunnat or nafil read here.

**MAGRIB** prayer is **NOT READ AS KAZA** no matter how long it takes to reach **MUZDALIFAH**. **All these issues apply whether reading Namaz individually or with jamaat**.

We must stay in **MUZDALIFAH till the beginning of Fajir time**. **DO NOT leave MUZDALIFAH before Fajir time starts (Subah Sadiq)** or our stay will not be completed or recognized. Read Fajir prayer in Muzdalifah so it's been prayed

Leave **MUZDALIFAH to HEAD FOR MINA again ONLY AFTER FAJIR TIME STARTS**.

Day 3	10 <sup>th</sup> Zul Hijjah	Busiest Day of Hajj
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From **MUZDALIFAH** go to **MINA** and **4 things** have to be done in the following order (must be done in order)

1. **RUMI JAMRAH AL AQABAH STONING THE FIRST JAMRAH**

You have to stone the "Big" Shatan (devil) known as Jamarah Al Aqabah. Stone the Jamrah with 7 stones saying "Allahu Akbar" each time. Ensure the stones actually hit the Jamrah, preferably going into the hole/funnel. It's rewarding to do this before Zhur Prayer but can be done up till **Magrib time**. Now we go back to Makkah and do the following things:

2. **SLAUGHTER AN OFFERING (QURBANI)**

Your **group leader will let you know when your animal has been slaughtered**.

3. **SHAVE HAIR AND TAKE OFF IHRAAM**

**ONLY once your animal is slaughtered can you shave or trim the hair and take off your Ihraam**. You can take off the Ihraam at the hotel in Makkah and wear fresh clothes. Now all prohibitions are removed except having intercourse with your wife. This is only allowed after performing Tawaaf-e-Ziyarat

4. **PERFORM TAWAAF-E-ZIYARAT AND SA'EE FOR HAJJ**

- Go to Masjidul Haram and make tawaaf of the Kabah (7 circuits). Make Intention before tawaaf
- Read 2 rakats for the tawaaf and then perform the **Sa'ee for Hajj** between Safaa and Marwah.
- **Then Leave Makkah to go back to Mina**
- **Tawaaf-E-Ziyarat must be performed AT THE LATEST before 12<sup>th</sup> ZUL HIJJA MAGRIB TIME.**

(If you want to do your hajj sa'ee before 10 ZUL Hijjah then you can perform Nafil Tawaaf (tawaaful-qudoom) and then do the Hajj Sa'ee before Hajj Starts. Note, you will then be in state of Ihraam earlier and all Ihraam restrictions will apply

Day 4 & 5	11 <sup>th</sup> & 12 <sup>th</sup> Zul Hijjah	Rumi (Stoning) Done for 2 Days
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Now you are back in **MINA** and all you have to do on 11<sup>th</sup> & 12<sup>th</sup> Zul Hijjah is pebble all the 3 Jamarah (satan) starting from the small, then middle and then the biggest; using 7 stones for each Jamarah. The most rewarding time to do this is between **Zhur & Magrib** Prayer each day. However Between Zhur & before Fajir is also ok.

After your hajj and days at Mina **tawaaful wadaa'– (farewell tawaaf)** must be done any time before leaving Makkah. There is no Sa'ee in this tawaaf but you should read 2 rakats for the tawaaf after completing tawaaf. This tawaaf is done in normal clothes. You can still stay in Makkah after doing this tawaaf and perform other tawaafs in normal clothes.