# Summary of How to Perform Ifraad Hajj

In this Hajj we perform no Umrah but only Hajj in **THE ONE SAME IHRAAM**. Although you will not perform an Umrah you will have to wear the Ihraam before the Meeqaat (boundary Zones) for Umrah and Hajj. You will **keep on this Ihraam until 10th Zul Hijja (3<sup>rd</sup> day of Hajj). In** this Hajj there is also **no need for** <u>QURBANI (Slaughter an Offering)</u> on 10th ZUL Hijjah **Below are the procedures of how to perform this Hajj.** 

### 1. Wearing the Ihraam

Before wearing the Ihraam a person should cleanse them self's. This involves clipping the finger and toe nails, shaving off the hair from under the armpits & pubic hair. Then make ablution (wudu) or preferably taking a complete bath (ghusl), to comb their beard and hair. Now we can wear the Ihraam. This has to be done before The Meeqaat (boundry Zones) for Umrah and Hajj. It's best for men to wear the Ihraam at the airport and the women to be prepared in the house. Avoid doing this on the plane as it's very uncomfortable. Ihraam must be put on well before reaching Jeddah. You will keep on this Ihraam until 10th Zul Hijja (3<sup>rd</sup> day of Hajj).

Men should wear **two white sheets**, keep their **head uncovered** and walk in flip-flops that should not cover majority of the feet especially the raised bone of your foot. Men should keep both shoulders covered at present. Women can wear any type of permissible clothes and shoes but must ensure their feet are covered. They must also ensure their head is covered. If women want to cover their face they must ensure the cloth does not touch the face.

# 2. Perform 2 Rakats after Wearing Ihraam (SUNNATUL-IHRAAM), Niyyah & Talbiyyah

Then we should pray **2 rakats prayer** (Namaz) **for the Ihraam**. Make sure you are not reading this prayer in a makrooh time. After this whilst sitting just after saying Salaam make the Niyyah (intention) for Hajj

'Oh Allah, I intent to perform HAJJ, render it easy for me, and accept it from me'

Then Read TALBIYYAH 3 times, Durood Shareef 3 times and then make dua (supplication). TALBIYYAH is

('Labbayk Allahumma labbayk, labbayka laa shareeka laka labbayk, innal hamda wan-ni'matah laka wal-mulk, laa shareeka lak")

Then go to Makkah and read Talbiyyah constantly until you enter the Masjid Al Haram. All the **RESTRICTIONS OF IHRAAM** now **apply until it's taken off** (not wearing perfume, clipping nails or hair, hunting etc)

### 3. Perform Tawaaf-Quddom with Idh-Tibaa and Ramal for Men Only

Now go to Makkah and pefrom perform a tawaaful – qudoom. Read 2 rakats for the tawaaf. After the tawaaf you can also perform the Sa'ee **for Hajj** between Safaa and Marwah. You will then not have to do this sa'ee on 10<sup>th</sup> Zul Hijjah.

However its more rewarding for a person doing Ifraad Hajj to perform the Hajj Sa,ee on 10<sup>th</sup> Zul Hijjah after TAWAF-E-ZIYARAT. Men should make IDH-TIBAA and perform Ramal in this twaaf ONLY If they intend to do Sa'ee after tawaaf-ul qudoom. Otherwise don't do IDH-TIBAA & Ramal. There is also no IDH-TIBAA & RAMAL to be done in the TAWAF-E-ZIYARAT as no Ihraam is being worn.

If you intend to do the Sa'ee after tawaaful – qudoom then before starting the tawaaf the MEN should make **IDH-TIBAA**. This is done by taking one end of the Ihraam to the left in such a way that the back left shoulder and left arm are completely covered and so the right arm is entirely exposed. **THEN BEFORE** starting **TAWAAF** say the **NIYYAH** for the tawaaf standing aligned to the **Hajarul – Aswad (black stone)**. This is **obligatory**. The Niyyah is:

'Oh Allah, I intent performing tawaaf around your sacred house with 7 circuits for you, render this easy for me & accept it from me'

After saying the Niyyah then raise both hands to the lobe of the ears toward the black stone and say 'bismillahi Allahu Akbar wa-lillaahil hamd' kiss your hands and drop them. This is known as Istillam and will be done 8 times during a tawaaf which consists of 7 circuits. Then make a right turn and begin the tawaaf. Each circuit begins at the black stone and ends at the black stone. This has to be done 7 times. In the first 3 circuits men have to perform RAMAL which is walking fast in a hurry. In the other 4 circuits walk normally. AFTER PERFORMING TAWAAF COVER THE BOTH SHOULDERS AGAIN.

### 4. Praying 2 Rakats behind Makam Ibrahim

Once you have finished your tawaaf you should read 2 rakats salaah (prayer) of the tawaaf. This can be done anywhere but is more rewarding if done behind Makam Ibrahim. This salaah is waajib and must be read. You must read 2 rakats salaah for the tawaaf after any tawaaf you perform as its waajib. Make sure you are not reading this prayer in a makrooh time.

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# 5. Perform Sa'ee between Safa and Marwah (7 circuits)

This starts at Safa and eventually ends at Marwah. At the safa rock say the nivyah for sa'ee which is:

'Oh Allah I intend performing sa'ee between Safa & Marwah, 7 circuits for you, therefore make it easy for me and accept it.'

This starts at Safa and ends evenetualy ends at Marwah. At the safa rock say the niyyah for sa'ee which is: 'Oh Allah I intend performing sa'ee between Safa & Marwah, 7 circuits for you, therefore make it easy for me and accept it: Between the green pillars men should run with medium pace. Stop to make dua each time at Safa and Marwah (from Safa to Marwah is 1 circuit). If you are performing sa,ee after your tawaaful-qudoom then please do not please DO NOT TAKE YOUR IHRAAM OFF. Also DO NOT SHAVE OR TRIM YOUR HAIR as you have to remain in a state of Ihraam till 10<sup>th</sup> Zul Hijja until after stoning the first jamrah.

Day 1 8<sup>th</sup> Zul Hijjah Go To Mina

After the Isha prayer you will go to MINA and read 5 PRAYERS in MINA (Zhur, Asr, Magrib, Isha & Fajir)

Day 2 9<sup>th</sup> Zul Hijjah Go To Arafah

From MINA BEFORE the ZHUR prayer time we must reach ARAFAH. At the latest we must reach ARAFAH before the MAGRIB prayer. If this is not done then Hajj cannot be completed and will have to be done again next year.

Read 2 Prayers in ARAFAH (ZHUR and ASR). MAGRIB PRAYER IS NOT READ IN ARAFAH

At Magrib time leave Arafah and go to MUZDALIFAH. The MAGRIB and ISHA prayers will be read at MUZDALIFAH together. Read each prayer individually. First read Magrib prayer separately & then read the Isha prayer separately. However there will only be one Azan and one Takbeer. There will be no takbeer or Azaan for Isha. There is no sunnat or nafil read here.

MAGRIB prayer is NOT READ AS KAZA no matter how long it takes to reach MUZDALIFAH. All these issues apply whether reading Namaz individually or with jamaat.

We must stay in MUZDALIFAH till the beginning of Fajir time. DO NOT leave MUZDALIFAH before Fajir time starts (Subah Sadiq) or our stay will not be completed or recognized. Read Fajir prayer in Muzdalifah so it's been prayed

Leave MUZDALIFAH to HEAD FOR MINA again ONLY AFTER FAJIR TIME STARTS.

Day 3 10<sup>th</sup> Zul Hijjah Busiest Day of Hajj

From MUZDALIFAH go to MINA and 3 things have to be done in the following order (must be done in order)

### 1. RUMI JAMRAH AL AQABAH STONING THE FIRST JAMRAH

You have to stone the "Big" Shatan (devil) known as Jamarah Al Aqabah. Stone the Jamrah with 7 stones saying "Allahu Akbar" each time. Ensure the stones actually hit the Jamrah, preferably going into the hole/funnel. It's rewarding to do this before Zhur Prayer but can be done up till **Magrib time**. Now **GO BACK TO MAKKAH** and shave your head there and take off your Ihraam.

### 2. **SHAVE HAIR AND TAKE OFF IHRAAM**

After shaving hair you can take off the Ihraam at the hotel in Makkah and wear fresh clothes. Men should shave their head and women should cut a portion of their hair as much as the first joint of the forefinger (little more than 2.5cm). Now have a bath and wear your normal clothes. Now all prohibitions are removed except having intercourse with your wife. This is only allowed after performing Tawaaf-e-Ziyarat

#### 3. **PERFORM TAWAAF-E-ZIYARAT**

- Go to Masjidul Haram & make tawaaf of the Kabah (7 circuits). Make Intention before Tawaaf & read 2 rakats for the tawaaf & then perform the **Sa'ee for Hajj** if not done already (see section 5 on how to perform sa'ee).
- Then Leave Makkah to go back to Mina
- Tawaaf-E-Ziyarat must be performed AT THE LATEST before 12th ZUL HIJJA MAGRIB TIME.

Day 4 & 5 11<sup>th</sup> & 12<sup>th</sup> Zul Hijjah Rumi (Stoning) Done for 2 Days

Now you are **back in MINA** and all you have to do on 11th & 12th Zul Hijjah is pebble all the 3 Jamarah (satan) starting from the small, then middle and then the biggest; using 7 stones for each Jamarah. The most rewarding time to do this is between **Zhur** & **Magrib** Prayer each day. However anytime before Fajir is also ok.

After your hajj and days at Mina **tawaaful wadaa'– (farewell tawaaf)** must be done any time before leaving Makkah. There is no Sa'ee in this tawaaf but you should read 2 rakats for the tawaaf after completing tawaaf. This tawaaf is done in normal clothes. You can still stay in Makkah after doing this tawaaf and perform other tawaafs in normal clothes.